

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ 13:45 Relay line-up input: The listed starttimes are indicative!

Coaches: Vanhaesebroeck Nicolas HEADCOACH

Coaches: Neiryndck Jan

Coaches: Van Dooren Glenn

Coaches: Wouters Ivan

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M FREESTYLE MEN 11+					Heat:1, starttime: 14:00
Heat: 1/15 Lane : 5 Athlete: LENAERTS RUBEN					Q-time: 01:31:44
PB (25m pool): 01:31.87 Herentals 17/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.04		01:31.87	
	00:44.04		00:47.83		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:2, starttime: 14:02
Heat: 2/15 Lane : 2 Athlete: TILLEUIL NATHAN					Q-time: 01:21:71
PB (25m pool): 01:21.71 Herentals 17/05/2025					PB (50m pool): 01:29.00 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.28		01:21.71	
	00:38.28		00:43.43		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:2, starttime: 14:02
Heat: 2/15 Lane : 4 Athlete: CAMBRÉ ARTHUR					Q-time: 01:16:90
PB (25m pool): 01:16.90 Antwerpen 12/10/2025					PB (50m pool): 01:19.78 SB: 01:16.90 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.56		01:16.90	
	00:36.56		00:40.34		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 11: 100M FREESTYLE MEN 11+					Heat:2, starttime: 14:02
Heat: 2/15 Lane : 7 Athlete: VANHAESEBROECK LOUIS-EMILE					Q-time: 01:21:80
PB (25m pool): 01:21.80 Herentals 17/05/2025					PB (50m pool): 01:20.66 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.09		01:21.80	
	00:38.09		00:43.71		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:3, starttime: 14:04
Heat: 3/15 Lane : 8 Athlete: GISCA DANIIL					Q-time: 01:15:30
PB (25m pool): 01:15.30 Herentals 17/05/2025					PB (50m pool): 01:14.03 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.70		01:15.30	
	00:35.70		00:39.60		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:9, starttime: 14:13
Heat: 9/15 Lane : 1 Athlete: VAN DOOREN WARRE					Q-time: 01:00:39
PB (25m pool): 01:00.39 Antwerpen 12/10/2025					PB (50m pool): 01:02.23 SB: 01:00.39 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.89		01:00.39	
	00:28.89		00:31.50		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:10, starttime: 14:14
Heat: 10/15 Lane : 8 Athlete: VAN EGDOM SIEB					Q-time: 00:59:46
PB (25m pool): 00:59.46 Antwerpen 12/10/2025					PB (50m pool): 01:01.14 SB: 00:59.46 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.07		00:59.46	
	00:28.07		00:31.39		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 11: 100M FREESTYLE MEN 11+					Heat:14, starttime: 14:20
Heat: 14/15 Lane : 5 Athlete: SNEYERS LIAM					Q-time: 00:53:31
PB (25m pool): 00:53.31 Heist Op Den Berg 11/01/2025 PB (50m pool): 00:54.71 SB: 00:54.30 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:25.75		00:53.31	
	00:25.75		00:27.56		
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:15, starttime: 14:21
Heat: 15/15 Lane : 1 Athlete: SNEYERS KOBE					Q-time: 00:53:01
PB (25m pool): 00:51.82 Temse 26/11/2023 PB (50m pool): 00:54.72 SB: 00:53.72 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:51.82	
	no time				
					

Coach feedback:

Event number: 11: 100M FREESTYLE MEN 11+					Heat:15, starttime: 14:21
Heat: 15/15 Lane : 5 Athlete: VAN EGDOM WOUT					Q-time: 00:50:95
PB (25m pool): 00:50.95 Heist Op Den Berg 11/01/2025 PB (50m pool): 00:52.56 SB: 00:51.46 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:24.32		00:50.95	
	00:24.32		00:26.63		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:23
Heat: 1/14 Lane : 4 Athlete: VAN GINKEL LOES					Q-time: 01:32:92
PB (25m pool): 01:40.97 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:30.13 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.40		01:40.97	
	00:46.40		00:54.57		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:25
Heat: 2/14 Lane : 7 Athlete: VAN GINKEL KAAT					Q-time: 01:30:98
PB (25m pool): 01:39.05 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:30.00 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.63		01:39.05	
	00:46.63		00:52.42		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:27
Heat: 3/14 Lane : 2 Athlete: CROONEN LIZE					Q-time: 01:19:91
PB (25m pool): 01:19.91 Arendonk 01/12/2024 PB (50m pool): 01:22.57 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.31		01:19.91	
	00:38.31		00:41.60		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:29
Heat: 4/14 Lane : 2 Athlete: DIRICKX FINNE					Q-time: 01:15:67
PB (25m pool): 01:15.67 Antwerpen 12/10/2025 PB (50m pool): 01:15.69 SB: 01:15.67 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.62		01:15.67	
	00:36.62		00:39.05		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:32
Heat: 6/14 Lane : 2 Athlete: GEELEN GUUSJE					Q-time: 01:10:77
PB (25m pool): 01:10.77 Herentals 17/05/2025 PB (50m pool): 01:10.08 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.74		01:10.77	
	00:34.74		00:36.03		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:32
Heat: 6/14 Lane : 3 Athlete: VERMAELEN MIYA					Q-time: 01:09:79
PB (25m pool): 01:09.79 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:10.07 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.10		01:09.79	
	00:34.10		00:35.69		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:39
Heat: 10/14 Lane : 4 Athlete: LEMBRECHTS SOPHIE					Q-time: 01:03:94
PB (25m pool): 01:03.94 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:04.21 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.90		01:03.94	
	00:30.90		00:33.04		
					

Coach feedback:

Event number: 12: 100M FREESTYLE WOMEN 11+					Heat:13, starttime: 14:43
Heat: 13/14 Lane : 1 Athlete: VINGERHOETS MADELIEF					Q-time: 01:01:49
PB (25m pool): 01:01.49 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:03.02 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.57		01:01.49	
	00:29.57		00:31.92		
					

Coach feedback:

Event number: 13: 200M BUTTERFLY MEN 11+							Heat:1, starttime: 14:46	
Heat: 1/2 Lane : 5 Athlete: KEKEC SAMIR							Q-time: 02:44:62	
PB (25m pool): 02:44.62 3500 Hasselt 24/11/2024							PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.07		01:16.33		02:00.06		02:44.62
	00:35.07		00:41.26		00:43.73		00:44.56	
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 13: 200M BUTTERFLY MEN 11+							Heat:2, starttime: 14:50	
Heat: 2/2 Lane : 5 Athlete: VERMEYLEN EMIEL							Q-time: 02:13:02	
PB (25m pool): 02:13.02 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 02:18.29SB: 02:16.88 Antwerpen 12/10/2025								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:29.15		01:02.82		01:37.37		02:13.02
	00:29.15		00:33.67		00:34.55		00:35.65	
								

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:06
Heat: 2/4 Lane : 1 Athlete: VAN GROOTEL RIKKE				Q-time: 99:99:99	
PB (25m pool): 01:42.72 Gemeentelijk sportcentrum Nijl 16/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.81		01:42.72	
	00:48.81		00:53.91		
					

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:2, starttime: 15:06
Heat: 2/4 Lane : 3 Athlete: BAKELANTS JULIA					Q-time: 99:99:99
PB (25m pool): 01:43.40 Herentals 17/05/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:50.51		01:43.40	
	00:50.51		00:52.89		
					

Coach feedback:

Event number: 15: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 15:09
Heat: 3/4 Lane : 2 Athlete: DE VIJLDER RIKKE					Q-time: 01:39:47
PB (25m pool): 01:41.60 Gemeentelijk sportcentrum Nijl 16/03/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.99		01:41.60	
	00:46.99		00:54.61		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:1, starttime: 15:13	
Heat: 1/8 Lane : 3 Athlete: LENAERTS RUBEN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:2, starttime: 15:18	
Heat: 2/8 Lane : 7 Athlete: VANHAESEBROECK LOUIS-EMILE							Q-time: 04:01:13	
PB (25m pool): 04:01.13 Heist Op Den Berg 11/01/2025			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		01:02.47		no time		no time		04:01.13
	01:02.47							
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:5, starttime: 15:30	
Heat: 5/8 Lane : 4 Athlete: VERDONCK STAN							Q-time: 02:50:85	
PB (25m pool): 02:50.85 Antwerpen 12/10/2025			PB (50m pool): no time SB: 02:50.85 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.70		01:24.20		02:08.31		02:50.85
	00:38.70		00:45.50		00:44.11		00:42.54	
								

Coach feedback:

Event number: 16: 200M BREASTSTROKE MEN 11+							Heat:7, starttime: 15:37	
Heat: 7/8 Lane : 6 Athlete: VAN EGDOM SIEB							Q-time: 02:41:05	
PB (25m pool): 02:41.05 Antwerpen 12/10/2025			PB (50m pool): 02:46.87 SB: 02:41.05 Antwerpen 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.43		01:17.66		no time		02:41.05
	00:35.43		00:42.23					
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 15:43	
Heat: 1/7 Lane : 3 Athlete: DILLEN LOTTE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 15:43	
Heat: 1/7 Lane : 4 Athlete: VAN GINKEL LOES							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 15:43	
Heat: 1/7 Lane : 5 Athlete: CROONEN LIZE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 15:48	
Heat: 2/7 Lane : 6 Athlete: DILLEN HANNE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 15:48	
Heat: 2/7 Lane : 8 Athlete: VAN GINKEL KAAT							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 15:52	
Heat: 3/7 Lane : 1 Athlete: DIRICKX FINNE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 15:52	
Heat: 3/7 Lane : 8 Athlete: CLAES SIEN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 15:57	
Heat: 4/7 Lane : 4 Athlete: GEELEN GUUSJE							Q-time: 03:20:21	
PB (25m pool): 03:20.21 Aarschot 04/05/2025			PB (50m pool): 03:16.46 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:46.18		01:37.68		no time		03:20.21
	00:46.18		00:51.50					
								

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:6, starttime: 16:05	
Heat: 6/7 Lane : 2 Athlete: VERMAELEN MIYA							Q-time: 02:57:98	
PB (25m pool): 02:57.98 Heist Op Den Berg 11/01/2025				PB (50m pool): 03:02.45 SB: 03:03.19 Antwerpen 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.13		no time		no time		02:57.98
	00:41.13							
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE WOMEN 11+							Heat:6, starttime: 16:05	
Heat: 6/7 Lane : 8 Athlete: BASSTANIE LIENE							Q-time: 03:04:66	
PB (25m pool): 03:04.66 Aarschot 04/05/2025				PB (50m pool): 03:02.88SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.90		01:29.53		no time		03:04.66
	00:41.90		00:47.63					
								

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 16:12
Heat: 1/8 Lane : 2 Athlete: CAMBRé ARTHUR				Q-time: 01:38:17	
PB (25m pool): 01:38.17 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:37.70 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.30		01:38.17	
	00:49.30		00:48.87		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 16:12
Heat: 1/8 Lane : 4 Athlete: TILLEUIL NATHAN				Q-time: 01:32:22	
PB (25m pool): 01:32.22 Stedelijk Zwembad Geel 16/02/2025 PB (50m pool): 01:27.44SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.67		01:32.22	
	00:44.67		00:47.55		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:1, starttime: 16:12
Heat: 1/8 Lane : 6 Athlete: VANHAESEBROECK LOUIS-EMILE					Q-time: 01:35:14
PB (25m pool): 01:35.14 Nijlen 17/11/2024					PB (50m pool): 01:34.05 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.53		01:35.14	
	00:44.53		00:50.61		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:2, starttime: 16:15
Heat: 2/8 Lane : 3 Athlete: GISCA DANIL					Q-time: 01:26:90
PB (25m pool): 01:26.90 Heist Op Den Berg 11/01/2025					PB (50m pool): 01:24.45 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:42.69		01:26.90	
	00:42.69		00:44.21		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 16:21
Heat: 5/8 Lane : 5 Athlete: VERMEYLEN EMIEL					Q-time: 01:09:07
PB (25m pool): 01:06.86 Nijlen 19/11/2023					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:06.86	
	no time				
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:5, starttime: 16:21
Heat: 5/8 Lane : 7 Athlete: KEKEC SAMIR					Q-time: 01:12:37
PB (25m pool): 01:12.37 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:17.26 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.21		01:12.37	
	00:34.21		00:38.16		
					

Coach feedback:

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Event number: 18: 100M BACKSTROKE MEN 11+					Heat:7, starttime: 16:25
Heat: 7/8 Lane : 1 Athlete: VAN DOOREN WARRE					Q-time: 01:04:48
PB (25m pool): 01:04.48 Antwerpen 12/10/2025					PB (50m pool): 01:08.16 SB: 01:04.48 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.01		01:04.48	
	00:31.01		00:33.47		
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 16:27
Heat: 8/8 Lane : 4 Athlete: VAN EGDOM WOUT					Q-time: 00:57:90
PB (25m pool): 00:57.90 Herentals 18/05/2024					PB (50m pool): 01:01.02 SB: 00:59.88 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:57.90	
	no time				
					

Coach feedback:

Event number: 18: 100M BACKSTROKE MEN 11+					Heat:8, starttime: 16:27
Heat: 8/8 Lane : 5 Athlete: SNEYERS LIAM					Q-time: 00:58:87
PB (25m pool): 00:58.87 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:01.57 SB: 01:00.28 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.91		00:58.87	
	00:28.91		00:29.96		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 16:29
Heat: 1/11 Lane : 1 Athlete: CLAES SIEN					Q-time: 01:54:79
PB (25m pool): 01:54.79 Nijlen 17/11/2024					PB (50m pool): 01:47.14 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:56.01		01:54.79	
	00:56.01		00:58.78		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 16:29
Heat: 1/11 Lane : 4 Athlete: DILLEN HANNE					Q-time: 01:35:82
PB (25m pool): 01:35.82 Herentals 17/05/2025					PB (50m pool): 01:37.01 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.44		01:35.82	
	00:46.44		00:49.38		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 16:29
Heat: 1/11 Lane : 5 Athlete: DILLEN LOTTE					Q-time: 01:36:82
PB (25m pool): 01:36.82 Herentals 17/05/2025					PB (50m pool): 01:39.42 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.44		01:36.82	
	00:48.44		00:48.38		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:1, starttime: 16:29
Heat: 1/11 Lane : 6 Athlete: CROONEN LIZE					Q-time: 01:38:16
PB (25m pool): 01:38.16 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:36.37 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.85		01:38.16	
	00:48.85		00:49.31		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 16:43
Heat: 7/11 Lane : 4 Athlete: BASSTANIE LIENE					Q-time: 01:12:85
PB (25m pool): 01:12.85 Antwerpen 12/10/2025					PB (50m pool): 01:16.09 SB: 01:12.85 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.84		01:12.85	
	00:35.84		00:37.01		
					

Coach feedback:

ALGT Swim CUP 25: Session: 2: COACH evaluation sheet for TEAM: ZN

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:8, starttime: 16:45
Heat: 8/11 Lane : 8 Athlete: LEMBRECHTS SOPHIE					Q-time: 01:12:78
PB (25m pool): 01:12.78 Diksmuide 17/11/2024					PB (50m pool): 01:19.18 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.85		01:12.78	
	00:35.85		00:36.93		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:9, starttime: 16:47
Heat: 9/11 Lane : 3 Athlete: VINGERHOETS MADELIEF					Q-time: 01:10:52
PB (25m pool): 01:10.52 Herentals 17/05/2025					PB (50m pool): 01:19.04 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.98		01:10.52	
	00:33.98		00:36.54		
					

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+					Heat:10, starttime: 16:49
Heat: 10/11 Lane : 2 Athlete: DELIEN FLOOR					Q-time: 01:09:60
PB (25m pool): 01:09.60 Herentals 17/05/2025					PB (50m pool): 01:10.81 SB: 01:10.02 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.12		01:09.60	
	00:34.12		00:35.48		
					

Coach feedback: